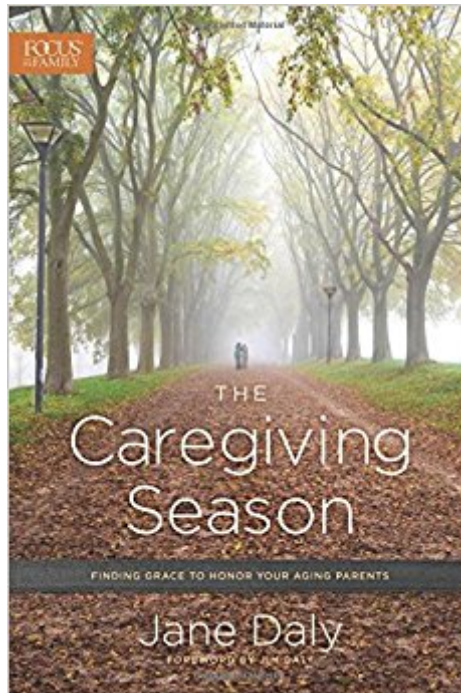




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# **The Caregiving Season: Finding Grace To Honor Your Aging Parents**



## Synopsis

Caring for elderly parents is challenging. It's a season of life that requires grace and strength that can only come from God. In *The Caregiving Season*, Jane Daly shares personal caregiving stories, offering practical advice to help you honor your aging parents well and deepen your personal relationship with Christ along the journey.

## Book Information

Paperback: 208 pages

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Average Customer Review: 4.8 out of 5 stars 20 customer reviews

Best Sellers Rank: #94,181 in Books (See Top 100 in Books) #49 in Books > Parenting & Relationships > Aging Parents #217 in Books > Christian Books & Bibles > Christian Living > Dating & Relationships #18358 in Books > Religion & Spirituality

## Customer Reviews

Daly (Because of Grace) has found through experience that it's possible to navigate the guilt, exhaustion, and frustration of dealing with aging parents with grace and fortitude that comes from depending on Christ. The author considers all of the practical issues in caregiving, from mourning losses, handling medical and financial matters, and dealing with situations such as taking away car keys. She counsels people to not only take care of themselves but to develop a sense of love, forgiveness, and peace when coping with a parent's dementia or unrealistic demands.

**VERDICT:** Although geared toward those with a Christian faith, this book will help the countless baby boomers who are providing for their loved ones. (Library Journal)

Writing this was an emotional journey. I was finally able to grieve my father's passing, and I gleaned more appreciation for the impact his life had on me. It also helped me mend old wounds from one of my brothers. I hope you receive hope from my story.

I found this at my public library and after reading it, knew I needed a copy to highlight and keep. I

also bought a copy for my sister. Having been a caregiver to both my in-laws, I'm now entering the "season" for my own parents and that brings new challenges and a different dynamic. The author is completely authentic and transparent. I have related to every chapter and have recommended this book to others. I'm going to have my own children read it to be better prepared for the season when I become the one needing care. I appreciate that this is from a Christian viewpoint. I highly recommend it.

Experience is the best teacher—especially other people's experiences! I've had the wonderful privilege of getting to know Jane and Mike Daly and then reading this book cover to cover in a single evening. Both provide generous doses of good humor and practical wisdom. I so appreciate learning from their realistic, grounded, and ultimately hope-filled experiences. You will too! --David Sanford, general editor, Handbook on Thriving as an Adoptive Family

This is the book I have been waiting for! Honest, encouraging, thoughtful guidance on persevering with grace through the caregiving season with aging parents. I love Jane's honesty, gentleness and emphasis on having perspective on this time and allowing God to use it to shape us into the image of Jesus Christ.

Speaks to this season in life as we parent our parent & live out our Christian faith. Realistic, encouraging, honest, hopeful, good references for resources. Highly recommend, getting copies for friends & family.

A great spiritual guide for waking through or preparing for the season most of us have to walk through at some point in our lives. No one warns us this is coming and even then, a warning wouldn't prepare you for the depth of change to occur. I will be rereading this, even after I took notes the first time.

My sister recommended this book to me as we 4 siblings went thru caretaking for her --in her own home. I have to say, this book validated so many of my feelings and experiences. Anyone who takes on caregiving of any kind should read this book.

Highly recommend

Very encouraging to know that I am not alone in my struggles.

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